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Beet Root Dip

Ingredients:

- 2 ~15 oz cans of beets, drained or ~ 5 cups cooked beets, chopped
- 1 – 2 garlic cloves, crushed
- 2 tbsp lemon juice
- 2 tbsp extra virgin olive oil
- ½ teas ground coriander
- ½ teas ground cumin
- ½ teas sweet paprika
- ¼ teas ground cinnamon
- Sea salt to taste

Directions:

1. Place all ingredients into blender and blend until smooth.
2. Serve with GF bread, crackers, pita bread, chips, or tortillas.
3. Enjoy!

Variations:

1. Use golden beets instead.