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Chocolate Avocado Pudding (GF/CF)

(Makes 2 servings)

Ingredients:

- 2 avocados, mashed
- 1 ripe banana
- ¼ - ⅓ cup raw honey or agave nectar
- ⅓ cup unsweetened cocoa powder
- ½ cup full fat coconut milk
- ½ teas vanilla extract

PREPARATION:

1. Process banana, honey, and vanilla in food processor or high speed blender.
2. Add in avocado, coconut milk, and cocoa powder; process till creamy.
3. Scrape down sides and add water, blend briefly.
4. Best served chilled.
5. Will keep for 3 days in the refrigerator.

Enjoy!