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Easy Crockpot Chicken Chili

Ingredients:

- 8-12 boneless, skinless chicken thighs
- 1 jar salsa (16 oz)
- 1 jar diced tomatoes
- 1 medium onion, chopped
- 2 red peppers, chopped
- 2 cloves garlic, minced
- 2 tbsp chili powder
- 1 tbsp Italian seasoning
- 1 tsp sea salt

PREPARATION:

1. Dice chicken thighs into 1-inch pieces and place in crock pot.
2. Add chili powder, Italian seasoning and sea salt, stir to coat chicken.
3. Add salsa, tomatoes, onion, peppers and garlic, stir to incorporate.
4. Place the lid on and cook 4-6 hours on high or 6-8 hours on low.

Serve over cauliflower rice, steamed brown rice or make lettuce wraps. Guacamole makes a great topping!

Serves 4-6