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Quinoa Chicken & Broccoli Salad

Ingredients:

- 2 ½ cooked chicken breast, cubed
- 2 ½ cups cooked quinoa
- 2 broccoli heads, cut into bite sized florets
- 6 tbsp vinaigrette dressing
- ¼ of a minced red onion
- ½ cup chopped fresh parsley
- ¼ cup chopped tarragon leaves
- ¼ cup chopped walnuts
- sea salt & pepper to taste

PREPARATION:

1. Bring a large pot of water to a boil. Have a bowl of ice water ready.
2. In a small bowl, combine the red onion with 2 tbsp dressing.
3. Blanch the broccoli in pot of boiling water, 1-2 minutes. Remove broccoli and place in ice bath. Once cooled, set aside and allow to drain.
4. Toss the cooked quinoa with 2 tbsp of dressing and a dash of sea salt to taste. Set aside and allow quinoa to cool to room temperature.
5. Combine the quinoa, broccoli, chicken, onion, parsley, tarragon, walnuts and 2 tbsp of dressing. Salt and pepper to taste.

Serve chilled.

Serves 6