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## ***Thin Mint Smoothie***

### ***Ingredients:***

- 12 oz full fat coconut milk
- 1 tbsp raw coconut oil
- ¼ teas vanilla extract
- 1 teas raw honey
- ½ teas peppermint extract
- 1 scoop pure Ancient Nutrition pure bone broth protein

### ***Directions:***

1. Place all ingredients in a blender and puree until smooth, adding water and ice to desired consistency.

Recipe from: Dr. Josh Axe. *Bone Broth Breakthrough*. Axe Wellness. 2016.