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## ***Turmeric Banana Coconut Milk Smoothie***

### ***Ingredients***

- 12 - 16 oz of water
- 1 – 2 tbsp canned full fat coconut milk (Native Forest)
- ½ banana
- ¼ to ½ cup fresh orange juice
- 1 teas turmeric
- Small amount of stevia can be added for additional sweetness

### ***Preparation:***

1. Add all ingredients into a blender and mix until smooth.

Enjoy!